



REMOTE MAUI: YOGA & MEDITATION & WHALE WATCHING RETREAT **CHRISTY BROWN** FEBRUARY 12-17, 2013 MAUI ECO RETREAT

Experience a fun and rejuvenating week in tranquility and beauty.

Join Christy at a spectacular, remote location along the breathtaking Hana coastline. The tranquility and beauty of the natural surroundings are the ideal setting to deepen your yoga practice.

Formerly a Tibetan Buddhist spiritual center, the retreat sanctuary is considered the “greenest spot on Maui”, running completely off the grid on solar power. Most of the accommodations offer expansive ocean views to see the thousands of whales that surround the island during the peak of the humpback whale season in Maui.

Enjoy twice daily yoga classes, Vinyasa and Yin Yoga, meditation and Pranayama, as well as plenty of personal free time to explore. Delight in delicious vegetarian cuisine, swim in the property’s lagoons with a 150 foot waterfall or go on a silent hike or 10 minute walk to the nearby ocean. All ages and levels are welcome.



Christy Brown
christybrownyoga.com

ACCOMMODATIONS:

Dorm/Economy:	\$1,235
Double:	\$1,545
Single:	\$1,725
Single Luxury (option 1):	\$1,865
Single Luxury (option 2):	\$2,295
Couples:	\$1,395-1,795 each

All prices are per person and include all yoga activities, all meals (from dinner on February 12 through lunch on February 17) and 5 night accommodations.

REGISTRATION INFORMATION:

Check In: Tuesday, February 12 at 3pm
Check Out: Sunday, February 17 at 11am

CALL NOW TO REGISTER!

Contact Christy Brown • 415.793.8684
christybrownyoga@gmail.com

Limited space available. \$350 non-refundable deposit required to reserve your space.

Visit yogaworks.com or christybrownyoga.com for more information.

RETREAT POLICY: An advance deposit of \$350 is required to reserve your space on this retreat. All deposits are non-refundable. Payments are transferable to another retreat with Christy if cancellation is received by December 3, 2012. No payment transfers will be made if cancellation is received after the above cancellation deadline. Balance must be paid in full by December 3, 2012.

