



4th of July Class Schedule

9:00-10:25	Iyengar 1/2	Paul Cabanis
9:00-10:25	Vinyasa Flow 2	Maria Zavala
10:30-12:00	Gentle Viniyoga	Fred Miller
10:45-12:15	Vinyasa Flow 2/3	Joan Hyman
12:30-2:00	Vinyasa Flow 2/3	David Lynch
12:30-2:00	Yoga Blend 1/2	Patti Lewis