



4th of July Class Schedule

8:30-9:45	Yoga Blend 1/2	Chris Bannister
9:00-10:00	Mat Pilates 1/2	Yani Brancato
9:45-11:15	Vinyasa Flow 2/3	Ellen Kalmenson
10:30-12:00	Yoga Works 1	Ashley Rideaux
11:30-1:00	Iyengar 1/2	Monica Rose
1:00-2:30	Vinyasa Flow 2	Katie Stefl