

## MONDAY

7:15-8:30 **Vinyasa Flow 2**  
Rory Celentano

8:30-9:30 **Yoga Blend 1/2 ★**  
Julia Boyda

10:45-12:15 **YogaWorks 2/3**  
Jennie Cohen

11:00-12:30 **Anusara 2**  
Julie Dohrman

12:30-1:30 **Vinyasa Flow 2 ♪**  
Kirsten Young

12:45-2:00 **YogaWorks 1**  
Chrissy Carter

2:15-3:45 **YW Flow 2**  
Julie Marx

4:00-5:25 **YogaWorks 2/3**  
Tzahi Moskovitz

4:15-5:15 **Prenatal**  
Maddalena Maresca

5:45-7:10 **YogaWorks 1/2**  
Sarah Bell

6:00-7:25 **YW Flow 2**  
Chrissy Carter

7:15-8:45 **YogaWorks 1**  
Edwin Bergwin

7:30-8:45 **Vinyasa Flow 2/3**  
Julie Marx

## TUESDAY

8:00-9:00 **Yoga Blend 1/2 ★**  
Elisabeth Hower

9:30-11:00 **Vinyasa Flow 2/3 ♪**  
Anita Goa

11:15-12:30 **YogaWorks 1/2**  
Edwin Bergman

12:30-1:30 **YogaWorks 1**  
Jenny Aurthur

12:45-2:00 **YW Flow 2/3 ♪**  
Jodie Rufty

2:15-3:30 **YogaWorks 2**  
Celine Antoine

4:30-5:45 **YogaWorks 1/2**  
Julie Marx

5:45-7:15 **Vinyasa Flow 1/2 ♪**  
Elizabeth Neuse

6:00-7:25 **Yoga Blend 2/3**  
Susan "Lip" Orem

7:15-8:30 **Vinyasa Flow 2 ♪**  
Joyce Englander

7:30-8:45 **Yoga Blend 1/2 ♪**  
Libby Tonorezos

## WEDNESDAY

7:15-8:30 **Vinyasa Flow 2**  
Rory Celentano

8:30-9:30 **Yoga Blend 1/2 ★**  
Julia Boyda

10:45-12:15 **YogaWorks 2/3**  
Jenny Aurthur

11:00-12:30 **Anusara 2**  
Julie Dohrman

12:30-1:30 **Vinyasa Flow 2 ♪**  
Heather Seagraves

12:45-2:00 **YogaWorks 1**  
Chrissy Carter

2:15-3:45 **YW Flow 2**  
Julie Marx

4:00-5:25 **YogaWorks 2/3**  
Tzahi Moskovitz

4:15-5:15 **Prenatal**  
Maddalena Maresca

5:45-7:10 **YogaWorks 1/2**  
Sarah Bell

6:00-7:25 **YW Flow 2**  
Chrissy Carter

7:15-8:45 **YogaWorks 1**  
Edwin Bergman

7:30-8:45 **Vinyasa Flow 2/3**  
Julie Marx

## THURSDAY

8:00-9:00 **Yoga Blend 1/2 ★**  
Elisabeth Hower

9:30-11:00 **Vinyasa Flow 2/3 ♪**  
Anita Goa

11:15-12:30 **YogaWorks 1/2**  
Edwin Bergman

12:30-1:30 **YogaWorks 1**  
Jenny Aurthur

12:45-2:00 **YW Flow 2/3 ♪**  
Jodie Rufty

2:15-3:30 **YogaWorks 2**  
Celine Antoine

4:30-5:45 **YogaWorks 1/2**  
Julie Marx

5:45-7:15 **Vinyasa Flow 1/2 ♪**  
Elizabeth Neuse

6:00-7:25 **Yoga Blend 2/3**  
Susan "Lip" Orem

7:15-8:30 **Vinyasa Flow 2 ♪**  
Joyce Englander

7:30-8:45 **Yoga Blend 1/2 ♪**  
Libby Tonorezos

## FRIDAY

7:15-8:30 **Vinyasa Flow 2**  
Laurel Beversdorf

10:45-12:15 **YogaWorks 2/3**  
Jenny Aurthur

12:30-1:30 **Vinyasa Flow 2 ♪**  
Heather Seagraves

12:30-1:30 **YogaWorks 1**  
Cleandra Martin

1:45-2:45 **Restoratives**  
Cleandra Martin

3:00-4:30 **Vinyasa Flow 2/3**  
Keith Yzquierdo

4:45-6:00 **YW Flow 1/2**  
Katie Malachuk

5:00-6:00 **Vinyasa Flow 2/3 ♪**  
Janna Siegel

6:15-7:45 **Ishta 2**  
Douglass Stewart

6:30-7:30 **Restoratives**  
Dana Gilly

## SATURDAY

9:00-10:30 **YW Flow 2**  
Katie Malachuk

10:30-11:55 **Iyengar 1/2**  
Kavi Patel

10:45-12:15 **YW Flow 2/3**  
Chrissy Carter

12:00-1:15 **YogaWorks 1**  
Edwin Bergman

1:45-3:15 **Vinyasa Flow 2**  
Leslie Kraus

3:30-4:45 **Vinyasa Flow 2/3 ♪**  
Heather Seagraves

## SUNDAY

9:30-10:30 **YW Slim ♪**  
Caitlin Casella

11:00-12:30 **Vinyasa Flow 2/3 ♪**  
Janna Siegel

12:45-2:00 **Yoga Blend 1/2**  
Maya Ray

4:00-5:15 **YogaWorks 1**  
Caitlin Casella

5:15-6:45 **YW Flow 2/3**  
Katie Malachuk

## LEGEND

★ Teacher is a recent graduate of the YogaWorks 500 - hour Teacher Training

♪ Music in class