

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15-7:10 <b>Hatha Yoga 2</b> Maud Nadler	6:15-7:10 <b>Hatha Yoga 2</b> Maud Nadler	6:15-7:10 <b>Vinyasa Flow 2</b> Anthony Benenati	6:15-7:10 <b>Hatha Yoga 2</b> Maud Nadler	6:15-7:10 <b>Hatha Yoga 2</b> Maud Nadler	8:00-8:55 <b>SculptWorks® 1/2</b> ♫ Becky Schaller	8:30-9:40 <b>Hatha Yoga 1/2</b> ♫ Huba Kelemen
8:30-9:25 <b>Hatha Yoga 1/2</b> ♫ Jeremy Simpkin	6:45-7:40 <b>TRX® 2</b> ♫ Micki Duran	8:30-9:25 <b>Hatha Yoga 2/3</b> ♫ Rebecca Benenati	6:45-7:40 <b>TRX® 2</b> ♫ Micki Duran	8:30-9:25 <b>Hatha Yoga 1/2</b> ♫ Jeremy Simpkin	8:30-9:40 <b>YogaWorks 1/2</b> Ashley Nelson	10:00-11:25 <b>Vinyasa Flow 2</b> Klara Aoun
9:00-9:55 <b>BarWorks® 1/2</b> ♫ Demian Boergadine	8:30-9:25 <b>Hatha Yoga 2/3</b> ♫ Rebecca Benenati	9:00-9:55 <b>BarWorks® 1/2</b> ♫ Demian Boergadine	8:30-9:25 <b>Hatha Yoga 2/3</b> ♫ Rebecca Benenati	9:00-9:55 <b>BarWorks® 1/2</b> ♫ Demian Boergadine	9:15-10:10 <b>BarWorks® 1/2</b> ♫ Juliet Guisasola	10:15-11:10 <b>Pilates Mat 1/2</b> ♫ Margaret Chapman
9:45-11:10 <b>Hatha Yoga 2</b> ♫ Juliet Guisasola	9:00-10:10 <b>YogaWorks 1</b> Chrissy Canning	9:45-10:55 <b>Hatha Yoga 2</b> ♫ Rebecca Benenati	9:00-10:10 <b>YogaWorks 1</b> Chrissy Canning	9:45-11:10 <b>Hatha Yoga 2</b> ♫ Rebecca Benenati	10:00-11:10 <b>Vinyasa Flow 2/3</b> ♫ Ashley Platz	12:00-1:25 <b>Iyengar 1/2</b> Marta Jasberg
10:45-11:55 <b>YogaWorks 1</b> Kim Fisch	9:45-10:55 <b>Vinyasa Flow 2</b> Elizabeth Blanchard	10:45-11:55 <b>YogaWorks 1</b> Kim Fisch	9:45-10:55 <b>Vinyasa Flow 2</b> Elizabeth Blanchard	10:45-11:55 <b>Hatha Yoga 1</b> Sara Green	10:30-11:55 <b>Iyengar 1/2</b> Robyn Harrison	<b>Fundamentals of Yoga*</b> Teacher Varies
12:15-1:10 <b>SculptWorks® 1/2</b> ♫ Demian Boergadine	11:00-12:25 <b>Pre/Postnatal</b> Rebecca Benenati	12:15-1:10 <b>DanceWorks® 1/2</b> ♫ Demian Boergadine	11:00-12:25 <b>Pre/Postnatal</b> Rebecca Benenati	12:15-1:10 <b>SculptWorks® 1/2</b> ♫ Demian Boergadine	11:30-12:40 <b>Gentle Yoga</b> Tim Healey	4:00-5:10 <b>Hatha Yoga 1/2</b> Luna Pierson
12:30-1:40 <b>YW Flow 2/3</b> ♫ Carolina Goldberg	12:30-1:40 <b>Hatha Yoga 1/2</b> ♫ Huba Kelemen	12:30-1:40 <b>YW Flow 2/3</b> ♫ Carolina Goldberg	12:30-1:40 <b>Hatha Yoga 1/2</b> ♫ Huba Kelemen	12:30-1:40 <b>YW Flow 2/3</b> ♫ Carolina Goldberg	12:30-1:25 <b>YogaWorks 1</b> Chrissy Canning	5:30-6:40 <b>Restoratives</b> ♫ Jenny Klossner
4:30-5:25 <b>YW Cardio Flow 2</b> ♫ Ashley Platz	5:00-5:55 <b>Vinyasa Flow 2</b> ♫ Anthony Benenati	4:30-5:25 <b>YW Cardio Flow 2</b> ♫ Ashley Platz	5:00-5:55 <b>Vinyasa Flow 2</b> ♫ Anthony Benenati	4:30-5:25 <b>YW Cardio Flow 2</b> ♫ Ashley Platz	1:30-2:25 <b>Vinyasa Flow 1/2</b> ♫ Huba Kelemen	
6:00-7:25 <b>Iyengar 1/2</b> Robyn Harrison	6:15-7:25 <b>Hatha Yoga 1/2</b> ♫ Ashley Corlis	6:00-7:25 <b>Iyengar 1/2</b> Robyn Harrison	6:15-7:25 <b>Hatha Yoga 1/2</b> ♫ Ashley Corlis	6:00-7:10 <b>Restoratives</b> ♫ Jeremy Simpkin	3:00-3:55 <b>YW Cardio Flow 2</b> ♫ Ashley Corlis	
6:15-7:10 <b>TRX® 2</b> ♫ Becky Schaller	7:00-7:55 <b>SculptWorks® 1/2</b> ♫ Eduardo Duran	6:15-7:10 <b>TRX® 2</b> ♫ Becky Schaller	7:00-7:55 <b>SculptWorks® 1/2</b> ♫ Eduardo Duran	6:15-7:10 <b>TRX® 2</b> ♫ Becky Schaller		
7:20-8:30 <b>YogaWorks 1</b> Klara Aoun	7:30-8:25 <b>YogaWorks 1</b> ♫ Kerrie Cason	7:20-8:30 <b>YogaWorks 1</b> Klara Aoun	7:30-8:25 <b>YogaWorks 1</b> ♫ Kerrie Cason			
7:30-8:40 <b>Vinyasa Flow 2</b> ♫♯ Jeremy Simpkin		7:30-8:40 <b>Vinyasa Flow 2</b> ♫♯ Jeremy Simpkin				

**LEGEND**

- ♫ Led by Music
- ♯ Class led by Candlelight
- \* Class size limited, pre-registration required. First time students given priority. Call studio for details.

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