yogaworks®

class schedule january 13 - may 11, 2014
main street
2215 main street • santa monica, ca 90405
310.272.5641 • yogaworks.com

MONDAY

7:00-8:25	**YW Flow 2/3** Malachi Melville
9:15-10:40	**Hatha Yoga 2/3** Chad Hamrin
11:00-12:25	**Vinyasa Flow 2/3** Jesse Schein
12:45-1:40	**Vinyasa Flow 2♫** Calvin Corzine
2:30-3:55	**Kundalini ♫*** Kia Miller
4:15-5:40	**Vinyasa Flow 2/3♫** Mia Togo
6:00-7:25	**YW Flow 2/3♫** Kia Miller
7:30-8:55	**YogaWorks 1/2** Malachi Melville

TUESDAY

6:15-7:25	**Vinyasa Flow 2** Laura Conley
7:30-8:55	**Vinyasa Flow 2/3♫** Kia Miller
9:15-10:40	**Vinyasa Flow 2/3♫** Vinnie Marino
11:00-12:25	**Hatha Yoga 1** Jasmine Lieb
12:45-2:10	**Iyengar 1/2** Paul Cabanis
2:30-3:55	**Vinyasa Flow 2♫*** Alexandria Crow
4:15-5:40	**Vinyasa Flow 2/3♫** Sara Ivanhoe
6:00-7:25	**Vinyasa Flow 2/3♫** Vytas
7:30-8:55	**Vinyasa Flow 2/3♫** Patti Quintero

WEDNESDAY

7:00-8:25	**YW Flow 2/3** Malachi Melville
9:15-10:40	**Vinyasa Flow 2/3♫** Mia Togo
11:00-12:25	**Vinyasa Flow 2/3** Jesse Schein
12:45-1:40	**Vinyasa Flow 2♫** Calvin Corzine
2:30-3:55	**Kundalini ♫*** Kia Miller
4:15-5:40	**Vinyasa Flow 2/3♫** Mia Togo
6:00-7:25	**YW Flow 2/3♫** Kia Miller
7:30-8:55	**YogaWorks 1/2** Malachi Melville

THURSDAY

6:15-7:25	**Vinyasa Flow 2** Laura Conley
7:30-8:55	**Vinyasa Flow 2/3♫** Kia Miller
9:15-10:40	**Vinyasa Flow 2/3♫** Vinnie Marino
11:00-12:25	**Hatha Yoga 1** Jasmine Lieb
12:45-2:10	**Iyengar 1/2** Paul Cabanis
2:30-3:55	**Vinyasa Flow 2♫*** Alexandria Crow
4:15-5:40	**Vinyasa Flow 2/3♫** Sara Ivanhoe
6:00-7:25	**Vinyasa Flow 2/3♫** Vytas
7:30-8:55	**Vinyasa Flow 2/3♫** Patti Quintero

FRIDAY

7:00-8:25	**YW Flow 2/3** Malachi Melville
9:15-10:40	**Vinyasa Flow 2/3♫** Mia Togo
11:00-12:25	**Vinyasa Flow 2/3** Jesse Schein
12:45-1:40	**Vinyasa Flow 2♫** Calvin Corzine
2:30-3:55	**Kundalini ♫*** Pete Lee
4:15-5:40	**Vinyasa Flow 2/3♫** Mia Togo
6:00-7:25	**Vinyasa Flow 2/3♫** Vytas

SATURDAY

7:30-8:55	**Hatha Yoga 2/3** Chad Hamrin
9:15-10:40	**Vinyasa Flow 2/3♫** Vinnie Marino
11:00-12:25	**YW Flow 2** Birgitte Kristen
12:30-1:55	**Vinyasa Flow 2/3♫** Calvin Corzine
2:15-3:40	**YW Flow 2♫** Charlie Samos
4:00-5:25	**Vinyasa Flow 2/3♫** Vytas

SUNDAY

7:30-8:55	**Hatha Yoga 2/3** Chad Hamrin
9:15-10:40	**Vinyasa Flow 2/3♫** Mia Togo
11:00-12:25	**YW Flow 2/3♫** Patti Quintero
12:30-1:55	**YogaWorks 1/2** Emily Maupin
2:15-3:40	**YW Flow 2♫** Charlie Samos
4:00-5:25	**Vinyasa Flow 2/3♫** Alexandria Crow
5:45-7:10	**Yin & Yang 2/3♫** Sara Ivanhoe

LEGEND

* Class open to the community for a $10 fee.
♫ Led by music

Visit yogaworks.com or download our mobile app for substitute teachers and holiday hours.