

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-8:30 <b>YW Flow 2/3</b> Malachi Melville	6:15-7:25 <b>Yoga Blend 1/2</b> Kerrie Cason/ Julie Nail ★	7:00-8:30 <b>YW Flow 2/3</b> Malachi Melville	6:15-7:25 <b>Yoga Blend 1/2</b> Lindsay Smith ★	7:00-8:30 <b>YW Flow 2/3</b> Malachi Melville	7:30-8:55 <b>Yoga Blend 2/3</b> Chad Hamrin	7:30-8:55 <b>Yoga Blend 2/3</b> Chad Hamrin
9:15-10:45 <b>Yoga Blend 2/3</b> Chad Hamrin	7:30-9:00 <b>Vinyasa Flow 2/3</b> Kathryn Budig	9:15-10:45 <b>Vinyasa Flow 2/3</b> 🎵 Vinnie Marino	7:30-9:00 <b>Vinyasa Flow 2/3</b> Kathryn Budig	9:15-10:45 <b>Vinyasa Flow 2/3</b> 🎵 Vinnie Marino	9:15-10:45 <b>Vinyasa Flow 2/3</b> 🎵 Vinnie Marino	9:15-10:45 <b>Vinyasa Flow 2/3</b> 🎵 Vinnie Marino
11:00-12:30 <b>Vinyasa Flow 2/3</b> 🎵 Carolina Goldberg	9:15-10:45 <b>Vinyasa Flow 2/3</b> 🎵 Vinnie Marino	11:00-12:30 <b>Vinyasa Flow 2/3</b> 🎵 Carolina Goldberg	9:15-10:45 <b>Vinyasa Flow 2/3</b> 🎵 Vinnie Marino	11:00-12:30 <b>Vinyasa Flow 2/3</b> 🎵 Carolina Goldberg	11:00-12:25 <b>YW Flow 2</b> Birgitte Kristen	11:00-12:25 <b>YW Flow 2</b> 🎵 Patti Quintero
12:45-1:45 <b>YW Flow 2</b> Anne Van Valkenberg	11:00-12:30 <b>Yoga Blend 1</b> Jasmine Lieb	12:45-1:45 <b>YW Flow 2</b> Anne Van Valkenberg	11:00-12:30 <b>Yoga Blend 1</b> Jasmine Lieb	12:45-1:45 <b>YW Flow 2</b> Anne Van Valkenberg	12:30-2:00 <b>Vinyasa Flow 2/3</b> 🎵 Sara Ivanhoe	12:30-2:00 <b>YogaWorks 1/2</b> 🎵 Rachael Simmons
<b>Community/ Kundalini 1/2</b> 🎵 Kia Miller	12:45-2:15 <b>Iyengar 1/2</b> Paul Cabanis	<b>Community/ Kundalini 1/2</b> 🎵 Kia Miller	12:45-2:15 <b>Iyengar 1/2</b> Paul Cabanis	<b>Community/ Vinyasa Flow 1/2</b> 🎵 Kia Miller*	2:15-3:45 <b>Vinyasa Flow 2</b> 🎵 Charlie Samos	2:15-3:45 <b>Vinyasa Flow 2</b> 🎵 Charlie Samos
4:15-5:45 <b>Vinyasa Flow 2/3</b> 🎵 Billy Asad	2:30-4:00 <b>Community/ Vinyasa Flow 2</b> 🎵 Charlie Samos	4:15-5:45 <b>Vinyasa Flow 2/3</b> 🎵 Billy Asad	2:30-4:00 <b>Community/ Vinyasa Flow 2</b> 🎵 Charlie Samos	4:15-5:45 <b>Vinyasa Flow 2/3</b> 🎵 Vinnie Marino	4:00-5:30 <b>Vinyasa Flow 2/3</b> 🎵 Vinnie Marino	4:00-5:30 <b>Vinyasa Flow 2/3</b> Alexandra Crow
6:00-7:25 <b>YW Flow 2/3</b> 🎵 Kia Miller	4:15-5:45 <b>Vinyasa Flow 2/3</b> 🎵 Sara Ivanhoe	6:00-7:25 <b>YW Flow 2/3</b> 🎵 Kia Miller	4:15-5:45 <b>Vinyasa Flow 2/3</b> 🎵 Sara Ivanhoe	6:00-7:25 <b>YW Flow 2/3</b> 🎵 Sara Ivanhoe		5:45-7:15 <b>Yin &amp; Yang 2/3</b> Sara Ivanhoe
7:30-9:00 <b>YogaWorks 1/2</b> 🎵 David Kim	6:00-7:25 <b>Vinyasa Flow 2/3</b> 🎵 Vinnie Marino	7:30-9:00 <b>YogaWorks 1/2</b> 🎵 David Kim	6:00-7:25 <b>Vinyasa Flow 2/3</b> 🎵 Vinnie Marino			
	7:30-9:00 <b>Vinyasa Flow 2</b> 🎵 Patti Quintero		7:30-9:00 <b>Vinyasa Flow 2</b> 🎵 Patti Quintero			

**LEGEND**

🎵 Music

★ Class is taught by a 500-hour Teacher Training Graduate

\* This class has a long-term sub. See front desk for exact dates.