

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30-7:55 Vinyasa Flow 2 † Lesley Fightmaster	9:00-10:25 Yoga Blend 1 LB Iddings	6:30-7:55 Ashtanga/Led 2/3 † Lesley Fightmaster	9:00-10:25 Yoga Blend 1 LB Iddings	6:30-7:55 Vinyasa Flow 2 † Debbie Berardi	Contemporary Pilates Mat 2 Robin Toavs	8:30-9:55 Vinyasa Flow 2 † Lesley Fightmaster
8:00-8:55 YW Flow 2 † Audri Geary	10:30-11:55 Yoga Blend 1/2 Lynn Bushnell	8:00-8:55 YW Flow 2 † Audri Geary	10:30-11:55 Yoga Blend 1/2 Lynn Bushnell	9:00-10:25 Vinyasa Flow 2 Elizabeth DeRaad	9:30-10:55 Prenatal Linda Trumpfheller	10:00-11:25 Vinyasa Flow 2 Jon Burras
9:00-10:25 Iyengar 1/2 Bob Metzler	12:00-12:55 YW Flow 2 Jessica Seabern	9:00-10:25 Iyengar 1/2 Bob Metzler	12:00-12:55 YW Flow 2 Jessica Seabern	10:30-11:55 Therapeutics Savita Geuther	11:00-12:25 YogaWorks 1 Megan McCarver	11:45-1:15 Yoga Blend 1 Jon Burras
10:30-11:55 Yoga Blend 1/2 Renee Chenette	Therapeutics/Back 4:15-5:45 Savita Geuther	10:30-11:55 Yoga Blend 1 Brinda Hari	Therapeutics/Back 4:15-5:45 Savita Geuther	Contemporary Pilates Mat 2 12:00-12:55 Janet Mancinelli	12:30-1:55 Iyengar 1/2 Bob Metzler	1:45-2:55 Iyengar 1/2 Denise Thibault
Contemporary Pilates Mat 2 12:00-12:55 Janet Mancinelli	6:00-7:25 Therapeutics Savita Geuther	Contemporary Pilates Mat 2 12:00-12:55 Robin Toavs	6:00-7:25 Anusara 2 Erin Nealy	Contemporary Pilates Mat 1/2 5:00-5:55 Robin Toavs	3:00-4:25 Vinyasa Flow 2/3 Jon Burras	Contemporary Pilates Mat 1/2 3:00-3:55 Mary Russell
1:00-2:25 Yoga Blend 1 Brinda Hari	7:30-8:55 Yoga Blend 1/2 Melanie Faught	1:00-1:55 Yoga Blend 1/2 Renee Chenette	7:30-8:55 Yoga Blend 1/2 Melanie Faught	6:00-6:55 Yin Yoga 1 Linda Trumpfheller	4:30-5:55 Yoga Blend 1/2 Suzy Gill	4:00-4:55 Yoga Blend 1/2 Melanie Faught
3:00-3:55 Vinyasa Flow 2 Lesley Fightmaster		3:00-3:55 Vinyasa Flow 2/3 Elizabeth Sharp				5:00-5:55 Restoratives Melanie Faught
4:30-5:55 Yoga Blend 1/2 Suzy Gill		Contemporary Pilates Mat 1/2 5:00-5:55 Janet Mancinelli				
6:00-6:55 Yin Yoga 1 Linda Trumpfheller		6:00-7:25 Gentle Yoga Janet Rice				
7:30-8:55 YogaWorks 1 Megan McCarver		7:30-8:55 YogaWorks 1 Megan McCarver				

LEGEND

† Come prepared for room temperatures 85 degrees and above