

CHAZ

YOGA RETREAT IN SANTA BARBARA, CA

November 21-23, 2014

EL CAPITAN CANYON RESORT



Escape for a weekend getaway to Santa Barbara's magnificent El Capitan Canyon Resort with Chaz and friends! Nestled along a creek in historic groves of oak and sycamore trees, the cedar cabins and safari tents are a nice way to enjoy nature lodging by the beach.

Enjoy daily Vinyasa flow classes with Chaz, full body Yoga Tune Up® roll-out massage with Holli Rabishaw, breathwork with Laurence, a heated pool and complimentary beach bicycle rentals. Five delicious meals with vegetarian options will be offered including a Thanksgiving turkey dinner and wine tasting. Plenty of personal free time will be available for optional excursions such as hiking and enjoying the ocean breeze while catching a sunset. You won't want to miss this opportunity to take home a sense of serenity and gratitude in time for the holidays.



Chaz

yogawithchaz.com

RETREAT POLICY: Payment must be made in full upon reservation and a \$50 charge will be incurred for all cancellations. Full refunds granted if cancelled before October 21, 2014. If cancelled after November 7, 2014, a 50% refund will be issued if your spot cannot be filled.

ACCOMMODATIONS:

Safari Luxury Tent hardwood floors, double beds or Queen bed for single occupancy/couple, with short walk to modern bathrooms/showers

Double Occupancy: \$485
\$965 for a couple

Single Occupancy: \$695

Bunk Bed Cabin 2 bunk beds with private bath, sleeps 2-4

Quad Occupancy: \$525

Double Occupancy: \$575

Canyon Queen Cabin with private bath

Single Occupancy: \$895

Couple: \$1,195

All prices include lodging, yoga, 5 delicious meals and a Thanksgiving feast plus wine tasting. All accommodations come with linens and towels as well as space heaters. Cabins are equipped with a mini fridge, microwave, and wet bar sink.

REGISTRATION INFORMATION:

Check in: Friday, November 21 by 2pm

Check out: Sunday, November 23 by noon



REGISTER NOW!

Contact Chaz at 661.312.0509
chaz@yogawithchaz.com

Limited space available.