YogaWorks

200-HOUR TEACHER TRAINING



In partnership with PEACE, LOVE & YOGA in Carlsbad, CA

Since 1990, YogaWorks has trained thousands of teachers worldwide, including some of the most celebrated modern-day yogis. It is a comprehensive program that combines Vinyasa flow with an emphasis on alignment and skillful sequencing. The method forms the container into which each aspiring teacher can pour their unique voice & personality.

THE YOGAWORKS ADVANTAGE

- Materials refined for over 20 years with the input of over 50 highly skilled trainers.
- Signature sequencing logically builds poses thematically. Encompassing both precision & flow, it is designed to be accessible to all yoga practitioners.
- Integrate the historical teachings of yoga philosophy into daily life.
- Deepen your practice and understanding of yoga.
- Become a member of a yoga community that is recognized worldwide.

WEEKEND 200-HOUR TRAINING

Led by Nikki Affleck & Casey Coda Featured Guest Teacher: Stacy McCarthy

October 14, 2011 – March 25, 2012
Fridays, Saturdays & Sundays
Meets for a total of 13 weekends.
Please ask for a detailed schedule.

PROGRAM FEES

*\$3,400

*All paid applicants will receive unlimited yoga on the start date of the training.

Reserve now. Space is limited.

INFO SESSION & FREE CLASS

Sunday, September 11 • 1:30 - 3:30pm Peace, Love & Yoga Studio

YogaWorks Intermediate level class and Q&A.

Contact Jessica at 760-828-5768 or peaceloveandyogastudio@gmail.com

Nikki Affleck

Casey Coda

Stacy McCarthy







Visit **yogaworks.com** to view Nikki Affleck's and Casey Coda's bio.

Visit **yoganamastacy.com** to view Stacey McCarthy's bio.

FOR ASPIRING TEACHERS AND SERIOUS STUDENTS



Peace, Love & Yoga 2588 El Camino Real, Ste. O Carlsbad, CA 92008 www.peaceloveandyogastudio.com

